



# Flavour Lab



OUR RANGE

| CODE                          | PRODUCT   | UNIT SIZE | CASE SIZE | MIN QTY | YIELD            |
|-------------------------------|---|-----------|-----------|---------|------------------|
| <b>SOUTHERN FRIED CHICKEN</b> |   |           |           |         |                  |
| FLCAJ001 1.83KG               | <b>Cajun Breeding Concentrate</b><br><i>Original Cajun flavours for the real Southern Fried Chicken flavour. This concentrate still needs to be added to 10kg Flour and egg/milk dip</i>              | 1.83 KG   | 10        | 10      | 500 pieces / PKT |
| FLSCAJ002                     | <b>Spicy Cajun Breeding Concentrate</b><br><i>This is the traditional "Spicy Wing" spice for pressure fried wings. Concentrate still needs to be added to 10kg Flour and egg/milk dip (Very Hot!)</i> | 1.9 KG    | 10        | 10      | 900 pieces / PKT |
| FLCAJMIX095                   | <b>Cajun Breeding Pre-mix</b><br><i>Original Cajun flavours for the real Southern Fried Chicken flavour. Original recipe mixed with Flour, ready to use</i>   | 6 KG      | 4         | 1       | 270 pieces / PKT |
| FL00142 5KG                   | <b>Mild spicy Cajun Breeding Pre-mix</b><br><i>This is the traditional "Spicy Wing" spice for pressure fried wings. This is Blended with Flour and ready to use (Mild heat!)</i>                      | 5 KG      | 4         | 1       | 500 pieces / PKT |
| FLASPICYMIX                   | <b>Spicy Cajun Breeding Pre-mix</b><br><i>This is the traditional "Spicy Wing" spice for pressure fried wings. This is Blended with Flour and ready to use ( Very Hot! )</i>                          | 5 KG      | 4         | 1       | 500 pieces / PKT |
| FLBCL006 CL BREADING          | <b>CL Breeding Pre-Mix</b><br><i>Street Style Southern Fried Chicken with softer less Peppery flavours. Mixed with Flour, ready to use</i>  | 6 KG      | 4         | 1       | 270 pieces / PKT |
| FL00128                       | <b>CL Spicy Breeding Pre-Mix</b><br><i>Street Style Southern Fried spicy wing breeding. Mixed with Flour and ready to use</i>   | 5 KG      | 4         | 1       | 500 pieces / PKT |
| FL00545 6KG                   | <b>Taxi Breeding Pre-Mix</b><br><i>A simple southern style breeding allowing for a more budget chicken</i>  | 6 KG      | 4         | 1       | 270 pieces / PKT |
| FLEM004                       | <b>Egg &amp; Milk Dip Powder</b><br><i>A dehydrated egg/milk mixture, just add 4L water to make a pre-dip wash</i>  | 400 G     | 20        | 20      | 2.8 Litres       |
| FLFCM003                      | <b>Chicken Tumble Marinade</b><br><i>Base brine marinade for Southern Fried Chicken and Flame Grilled Chicken, contains phosphates for weight retention. Salt and Pepper flavours</i>                 | 240 G     | 25        | 25      | 20kg chicken     |
| FLHGS002                      | <b>Honey Ginger Soy Dipping sauce</b><br><i>Ideal Dunked Wing solution using the Spicy Breadings above</i>  | 5 L       | 4         | 1       |                  |

|                              |  |       |     |    |              |
|------------------------------|--|-------|-----|----|--------------|
| <b>FLAME GRILLED CHICKEN</b> |  |       |     |    |              |
| FLFCM003                     | <b>Chicken Tumble Marinade</b><br><i>Base brine marinade for Southern Fried Chicken and Flame Grilled Chicken, contains phosphates for weight retention. Salt and Pepper flavours.</i> | 240 G | 250 | 25 | 20kg chicken |
| FLGRILL048 - NEW             | <b>Mozambican Mild Peri Peri Sauce</b><br><i>A Portuguese style base marinade with Lemon, Paprika, Mild Peri Peri and Garlic for marinading.</i>                                       | 5 L   | 4   | 1  |              |
| FLLEHES042 - NEW             | <b>Mozambican Lemon Herb Sauce</b><br><i>A Mozambican style Lemon/Herb sauce, with Paprika, Herb, Garlic and Fresh Lemon.</i>  | 5 L   | 4   | 1  |              |
| FLPORT048 - NEW              | <b>Portuguese Peri Peri Sauce</b><br><i>A Mild to Hot basting sauce with traditional Portuguese Peri-Peri flavours.</i>  | 5 L   | 4   | 1  |              |
| FLMXXB001 XTRA HOT           | <b>Mozambican XX-Burn Sauce</b><br><i>A Hotter version of the Portuguese Peri Peri sauce with more visible Chili Flakes.</i>   | 5 L   | 4   | 1  |              |
| FL00292 5LTR                 | <b>Aged Chili Sauce</b><br><i>A hot fresh Chili sauce made with a fermented Chili flavour. Creamy and very hot.</i>  | 5 L   | 4   | 1  |              |

|                      |   |      |    |   |                  |
|----------------------|---|------|----|---|------------------|
| <b>ROAST CHICKEN</b> |   |      |    |   |                  |
| FL00394              | <b>Lemon Rosemary Roast Rub</b><br><i>A Lemon BBQ roast chicken rub with Rosemary pieces and a subtle lemon note.</i>                                     | 1 KG | 10 | 1 | 30 x 1.2KG Birds |
| FLSRC002             | <b>Savoury Roast Chicken</b><br><i>Perfect for a traditional roast, with flavours of Parsley, Mint, Rosemary, Garlic, cracked Black Pepper and Lemon.</i> | 1 KG | 10 | 1 | 30 x 1.2KG Birds |
| FL00149 1KG          | <b>Sunday BBQ Roast Chicken</b><br><i>This is a Mild BBQ flavour bringing back the home cooked chicken flavours</i>                                       | 1 KG | 10 | 1 | 30 x 1.2KG Birds |
| FLS6668 1KG          | <b>Peri-Peri BBQ Roast Rub</b><br><i>A delicious Peri Peri rub with BBQ notes for seasoning. Mild and fragrant.</i>                                       | 1 KG | 10 | 1 | 30 x 1.2KG Birds |
| FLSHRR001 HICKORY    | <b>Smoked Hickory Roast Rub</b><br><i>A slightly smokey BBQ flavour which turns a Sticky Caramel colour on cooking. Interesting.</i>                      | 1 KG | 10 | 1 | 30 x 1.2KG Birds |
| FLS6806 1KG          | <b>Tandoori Roast Rub</b><br><i>A Fragrant Indian Rub with Tandoori flavours, can also be used with Yogurt to Marinade skewers etc</i>                    | 1 KG | 10 | 1 | 30 x 1.2KG Birds |
| FLBS4795 1KG         | <b>Lemon and Herb Seasoning</b><br><i>A traditional green coloured seasoning with Lemon and Italian herb flavours</i>                                     | 1 KG | 10 | 1 | 30 x 1.2KG Birds |

| CODE                  | PRODUCT   | UNIT SIZE | CASE SIZE | MIN QTY | YIELD        |
|-----------------------|---|-----------|-----------|---------|--------------|
| <b>FLPRE077</b>       | <b>Shnitzel Pre-Dust</b><br><i>A Seasoned Flour to guarantee consistency when making Schnitzels, Strips or Goujon</i>   | 200 G     | 10        | 10      | 20 FILLETS   |
| <b>FL00034 500G</b>   | <b>Salt and Pepper Crumb</b><br><i>A tasty well seasoned Crumb for general use</i>  | 500 G     | 10        | 10      | 20 FILLETS   |
| <b>FLSMU079</b>       | <b>Sage and Mustard Crumb</b><br><i>A Traditional Sage, Mustard and Onion Mixture</i>   | 500 G     | 10        | 10      | 20 FILLETS   |
| <b>FLMEX078</b>       | <b>Mexican Nacho Crumb</b><br><i>A Nachos style crumb with Corn, Cumin, Chili and Oregano</i>   | 500 G     | 10        | 10      | 20 FILLETS   |
| <b>THAI SCHNITZEL</b> | <b>Thai Style Crumb</b><br><i>An Asian flavoured crumb with Cashews, Lemongrass, Ginger, Garlic, Turmeric etc</i>   | 500 G     | 10        | 10      | 20 FILLETS   |
| <b>FLITCR075 500G</b> | <b>Italian Tuscan Crumb</b><br><i>A Tuscan style crumb with Parmesan, Italian herbs and Garlic</i>  | 500 G     | 10        | 10      | 20 FILLETS   |
| <b>FL00813</b>        | <b>Panko Style Crumb</b><br><i>A similar style to the expensive Japanese Crumb (Local alternative)</i>  | 500 G     | 10        | 10      | 20 FILLETS   |
| <b>FL01625 1KG</b>    | <b>Onion Ring Mix 1kg</b><br><i>Just add water, dip, and fry to enjoy crispy onion rings every time</i>   | 1 KG      | 10        | 10      |              |
| <b>FLCORNDOG</b>      | <b>Corn Dog Mixture</b><br><i>This classic American snack is a sausage on a stick with a corn batter around it. This batter is supplied with 25 skewer sticks. Great Jalapeno poppers</i> | 500 G     | 10        | 10      | 25 CORN DOGS |

## DEEP SEA SOLUTIONS

|                         |  |       |    |    |            |
|-------------------------|--|-------|----|----|------------|
| <b>FL00144 400G</b>     | <b>Hake Batter</b><br><i>A Mildly seasoned Hake Batter mixture with Lemon notes with Parsley. Just add water and eggs</i>      | 400 G | 10 | 10 | 20 FILLETS |
| <b>FL00275</b>          | <b>Pacific Ocean Fish Seasoning</b><br><i>Ideal for Grilled Fish or combine with Flour and dust fillets before grilling</i>    | 1 KG  | 1  | 1  |            |
| <b>FL00212 500G</b>     | <b>Calamari Crumb</b><br><i>A Seasoned breadcrumb ideal for Prawn tails and Fried Calamari. Use pre-dust with this product</i> | 500 G | 10 | 10 |            |
| <b>FL00225 2LTR</b>     | <b>Tartare Sauce</b><br><i>Mayo Based sauce with Pickles, Carrots and Lemon juice</i>  | 5 L   | 4  | 1  |            |
| <b>FLISLAN059 - NEW</b> | <b>1000 Island Dressing</b><br><i>Mayo, Spices, Srirachia, Tomato and Lemon Juice</i>  | 5 L   | 4  | 1  |            |
| <b>FL01224 2LTR</b>     | <b>Lemon Butter sauce</b><br><i>A creamy lemon butter emulsion</i>   | 2L    | 5  | 1  |            |

| CODE           | PRODUCT  | UNIT SIZE | CASE SIZE | MIN QTY | YIELD |
|----------------|--|-----------|-----------|---------|-------|
| FLRBS019       | <b>Red Beef Stew Mix</b><br><i>A simple Tomato base with Paprika and Meaty notes. Great for simple everyday stews</i>  | 360 G     | 10        | 10      | 10kg  |
| FL00177 350G   | <b>Taxi Beef Stew Mix</b><br><i>Created as a street recipe with a looser Gravy to be eaten with Pap. A little Saltier, with Curry notes and Chili</i>  | 350 G     | 10        | 10      | 10kg  |
| FLPERFBEEF     | <b>Perfect Beef stew Mix</b><br><i>Your Brown Onion style stew with Caramel flavours and Beefy base</i>  | 500G      | 10        | 10      | 10kg  |
| FLHPS015       | <b>Hot Pot Beef stew</b><br><i>A Traditional Winter recipe with Rosemary and Bay Leaves and a deep brown Beefy base. Used with tinned tomatoes</i>   | 290 G     | 10        | 10      | 10kg  |
| FL00714 350G   | <b>Simple chicken stew</b><br><i>An everyday Chicken Stew mixture with Chicken Stock and BBQ notes</i>   | 350 G     | 10        | 10      | 10kg  |
| FL00111        | <b>Taxi Chicken Stew</b><br><i>A delicious recipe with a Mild Curry base, Chicken Stock and Tasty Chicken flavours. Yellow in colour</i>   | 350 G     | 10        | 10      | 10kg  |
| FL00108        | <b>Bolognese Mix</b><br><i>An Italian mix of Herbs, Sugar, Garlic, Cracked Black Pepper and Salt</i>   | 220 G     | 10        | 10      | 8KG   |
| FLBSMS002      | <b>Savoury Mince</b><br><i>A Beefy spice mixture. Just add Onions</i>  | 240 G     | 10        | 10      | 8KG   |
| FLCLM031       | <b>Chicken Liver Mix</b><br><i>A Mexican inspired Liver mix. Can add Cream if desired or Portuguese Peri Peri sauce</i>  | 200 G     | 10        | 10      | 8KG   |
| FLCHGIZZ       | <b>Mozambican Gizzard mix</b><br><i>A Peri Peri Style Gizzard mixture</i>  | 200 G     | 20        | 20      | 8KG   |
| FLKLS018       | <b>Karoo Lamb Stew Mix</b><br><i>A home style Lamb stew Mixture with Rosemary and Bay</i>  | 250 G     | 10        | 10      | 10KG  |
| FLCCC011       | <b>Mexican Chili Con Carne</b><br><i>A Mexican Classic, just add Beans, Peppers and Tomatoes</i>   | 215 G     | 10        | 10      | 8KG   |
| FLMOT066 - NEW | <b>Moroccan Meatball Mixture</b><br><i>A delicious alternative to a standard Meatball. Earthy flavours combined with grated potato create tasty morsels. Serve with our Arrabbiata sauce</i> | 186 G     | 10        | 10      | 5KG   |
| FL00398        | <b>Oxtail Stew</b><br><i>A Red Wine flavoured Hearty Gravy makes this dish Moorish and Luxurious</i>   | 350 G     | 10        | 10      | 10KG  |
| FL00736 400G   | <b>Mac and Cheese Mix</b><br><i>A simple instant Mac and Cheese pack, add extra cheese if wanted</i>   | 400 G     | 10        | 10      |       |

## CURRIES

| CODE                 | PRODUCT   | UNIT SIZE | CASE SIZE | MIN QTY | YIELD |
|----------------------|---|-----------|-----------|---------|-------|
| FLCBCH001 BUTTE RCHI | <b>Butter Chicken</b><br><i>Also Known as Chicken Makhni, this Creamy Curry is Sweet and Moorish, takes 20min</i>   | 140 G     | 10        | 10      | 5KG   |
| FLDUR009             | <b>Durban Curry Mix</b><br><i>A Red Masala mix with Durban flavours of Coriander, Cumin and Chili. Best made with Curry leaves and fresh Coriander</i>      | 425 G     | 10        | 10      | 10KG  |
| FL00375              | <b>Bombay Masala Mix</b><br><i>A Yellow Curry mix which is great as a standard basic Curry</i>  | 425 G     | 10        | 10      | 10KG  |
| FLBIRY022            | <b>Meat Biryani Mixture</b><br><i>The Spice mix used as the base for Biryani meat Gravy often mixed with Yoghurt then simmered gently in layers of Rice</i> | 150 G     | 10        | 10      | 8KG   |
| FL00811 240G         | <b>Curried Mince Mix</b><br><i>Mince only missing the vetkoek</i>   | 240 G     | 10        | 10      |       |

| CODE          | PRODUCT  | UNIT SIZE | CASE SIZE | MIN QTY | YIELD      |
|---------------|--|-----------|-----------|---------|------------|
| FL00320       | <b>Cracked Pepper Sauce</b><br><i>Cracked black pepper with a rich beefy base, just add boiling water and cream.</i>   | 300 G     | 10        | 10      |            |
| FL00319       | <b>Creamy Mushroom Sauce</b><br><i>Just add Sliced Mushrooms and water or milk for consistency</i>   | 300 G     | 10        | 10      |            |
| FL00441       | <b>Mature Cheddar Cheese Sauce</b><br><i>This is a Cheddar Style Creamy Cheese sauce, great for loaded fries, dipping sauce etc. Cook up with Milk</i>               | 500 G     | 10        | 10      |            |
| FLWHITSA 400G | <b>White Sauce Mixture</b><br><i>Based on a Béchamel sauce with Buttery notes. Simple and instant, cook up with milk</i>   | 400 G     | 10        | 10      |            |
| FLBOGO29      | <b>Brown Onion Gravy</b><br><i>An Instant Beefy Caramel type Gravy</i>   | 400 G     | 10        | 10      |            |
| FLRCG030      | <b>Roast Chicken Gravy</b><br><i>A Caramelised Roast Chicken Gravy, just add boiling water</i>   | 400 G     | 10        | 10      | 3.4 Litres |
| FL00094 90G   | <b>Mozambican Rice</b><br><i>A delicious blend of Rice Seasoning to be stirred into your cooked rice with Peppers</i>  | 90 G      | 20        | 20      |            |
| FL00278       | <b>Roast Vegetable Magic</b><br><i>A combination of Rosemary, Mint, Cracked Black Pepper, Garlic and can be used over veg with Olive Oil before or after cooking</i> | 1000 G    | 1         | 1       | CUBE       |
| FLACHAKAL     | <b>Chakalaka Spice 200g</b><br><i>Elevate your chakalaka with the perfect spice blend of roasted curry, chili and tomato flavours.</i>                               | 200 G     | 10        | 10      |            |
| FL00268       | <b>Beef Stock Granules</b><br><i>Just add Hot water or add to your stew or gravy for richness</i>  | 1000 G    | 1         | 1       |            |
| FL00270       | <b>Chicken Stock Granules</b><br><i>Everyday Chicken Stock for stocks, Stews and Sauces</i>  | 1000 G    | 1         | 1       |            |

## WORLD FLAVOUR SOLUTIONS

|                   |   |        |    |   |  |
|-------------------|---|--------|----|---|--|
| FL00267           | <b>BBQ Seasoning</b><br><i>Your everyday BBQ spice, use for general purpose</i>   | 1000 G | 1  | 1 |  |
| FL00265 CUBE      | <b>Basic Chicken Seasoning</b><br><i>A Savoury Chicken Seasoning</i>  | 1000 G | 1  | 1 |  |
| FL00269           | <b>Cajun Seasoning</b><br><i>A Southern earthy blend of cayenne, black and white pepper with paprika, onion, garlic and a touch of herbs. A perfect general seasoning</i>   | 1000 G | 1  | 1 |  |
| FLS6358 1KG       | <b>Texan Rub 1kg</b><br><i>Steakhouse spice blend</i>   | 1 KG   | 10 | 1 |  |
| FL00529 1KG       | <b>Outlaw Seasoning</b><br><i>This smokehouse seasoning has a combination of mild peppers, paprika, cumin, coriander, onion, garlic, herbs,. A great general grill seasoning. Umami notes and salt. A great general meat seasoning.</i> | 1000 G | 1  | 1 |  |
| FL00272           | <b>Flavour Grill Spice</b><br><i>A Steak and Chop type seasoning</i>  | 1000 G | 1  | 1 |  |
| FL00271           | <b>Gourmet Steak Rub</b><br><i>A moorish blend of worcester, brown sugar, coriander, black pepper, mustard, beefy notes and salt</i>  | 1000 G | 1  | 1 |  |
| FL00273           | <b>Lemon and herb sprinkle</b><br><i>A Green coloured Lemon and Herb sprinkle with acidity</i>  | 800 G  | 1  | 1 |  |
| FL00276           | <b>Piri-Piri Seasoning</b><br><i>A Mozambican style Piri-Piri sprinkle for Portuguese dishes</i>  | 900 G  | 1  | 1 |  |
| FLS5782 CUBE      | <b>Roast Lamb Seasoning</b><br><i>A Blend of Mint, Rosemary, citrus, garlic and Umami</i>   | 1000 G | 1  | 1 |  |
| FL00259           | <b>Spice-O-Mat Seasoning</b><br><i>A Savoury Seasoning for flavour enhancement</i>  | 1250 G | 1  | 1 |  |
| FL00275           | <b>Pacific Ocean Sprinkle</b><br><i>A Tasty Seafood Sprinkle for Grilled Fish</i>   | 1000 G | 1  | 1 |  |
| SCHWARMA SPRINKLE | <b>Shawarma Spice</b><br><i>A Middle eastern blend of Garlic Salt, Cumin, Paprika etc</i>   | 1000 G | 1  | 1 |  |

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|-----------|---|-----------|-----------|---------|-------|
| FL00266   | <b>Sour Chili Chip Seasoning</b><br><i>This is a delicious combination of dehydrated Vinegar, Sugar, Paprika, Chili and other Savoury notes. A unique flavour</i> | 1 KG      | 1         | 1       | CUBE  |
| FLBBQC016 | <b>BBQ Chip Seasoning</b><br><i>Your well known BBQ Seasoning with Salt, Paprika, Garlic, Onion and a hint of Chili as well as Tomato</i>                         | 1 KG      | 5         | 5       | PKT   |
| FL01792   | <b>Butter Sprinkle 500g</b><br><i>To be used on chips or popcorn</i>  | 500G      | 1         | 1       | PKT   |
| FL01664   | <b>Cheesy Sprinkle 500g</b><br><i>To be used on chips or popcorn</i>  | 500G      | 1         | 1       | PKT   |
| FL01801   | <b>Sour Cream &amp; Chives Sprinkle 500g</b><br><i>To be used on chips or popcorn</i>   | 500G      | 1         | 1       | PKT   |
| FL01483   | <b>Salt &amp; Vinegar Sprinkle 500g</b><br><i>To be used on chips or popcorn</i>  | 500G      | 1         | 1       | PKT   |

## DESSERTS

|                      |   |        |    |    |             |
|----------------------|---|--------|----|----|-------------|
| 1140                 | <b>Raspberry Jelly</b><br><i>Bright and vibrant refreshing Jelly, just add boiling water</i>  | 1000 G | 10 | 10 |             |
| 1141                 | <b>Greengage Jelly</b><br><i>Bright and vibrant refreshing Jelly, just add boiling water</i>  | 1000 G | 10 | 10 |             |
| 1150                 | <b>Jaffa Orange Jelly</b><br><i>Bright and vibrant refreshing Jelly, just add boiling water</i>   | 1000 G | 10 | 10 |             |
| FLDPCM008 PANACOTTA  | <b>Pana Cotta Magic</b><br><i>A Subtle Vanilla Cream Dessert, just add hot milk and refrigerate</i>   | 250 G  | 10 | 5  |             |
| FL00036              | <b>Crème Brulee Mix</b><br><i>The classic dessert just made easy, add milk and refrigerate</i>  | 500 G  | 10 | 5  |             |
| FLAVOUR DOUBLE CHOCO | <b>Double Belgian Choc Mousse</b><br><i>A Light and Decadent Chocolate Mousse, just add milk and whisk then refrigerate for 20min</i>                                     | 500 G  | 5  | 5  |             |
| FLDVCM003 VANILLA    | <b>Vanilla Ice Cream Mousse</b><br><i>A Light and Familiar Vanilla Mousse, just add milk and whisk then refrigerate for 20min</i>   | 500 G  | 10 | 5  |             |
| FL00034 STICKY KIT   | <b>Sticky Toffee Pudding Kit</b><br><i>A 3-Part kit which provides you with a Sponge mixture, a Toffee moistening sauce and a Toffee sauce all in a powder form</i>       | 1050 G | 10 | 5  | 12 Portions |
| FL00035 CHOC PUD KIT | <b>Chocolate Marshmallow Kit</b><br><i>A 3-Part kit which provides you with a Sponge mixture, a Chocolate moistening sauce and a Chocolate sauce all in a powder form</i> | 1050 G | 10 | 5  | 12 Portions |
| FL00469 1KG          | <b>Instant drinking Hot Chocolate</b><br><i>A Creamy rich Hot chocolate, add Boiling water or milk</i>  | 1000 G | 1  | 1  |             |
| FLDPCM001 PANCAKE    | <b>Pancake Mixture</b><br><i>A Thicker Pancake mixture for a South African version. Add water for a crepe consistency</i>   | 500 G  | 10 | 5  |             |
| FLWAFF018            | <b>Waffle Mix</b><br><i>A Simple waffle mix</i>   | 500 G  | 10 | 5  |             |
| FLCORND0G            | <b>Bar-one Corn Dog Mix</b><br><i>This Classic American snack is a Bar-one on a stick with a corn batter around it. This batter is supplied with 25 skewer sticks</i>     | 500 G  | 10 | 10 |             |
| FL01480 2LTR         | <b>Chocolate Sauce 2ltr</b><br><i>Luscious dark cocoa chocolate sauce</i>   | 2 L    | 5  | 1  |             |
| FL01605 1KG          | <b>Peppermint Crisp 1kg</b><br><i>Instant filling with caramel and choc mint flavours. Just add milk</i>  | 1 KG   | 10 | 5  |             |
| FL01603 1KG          | <b>Lemon Meringue Filling 1kg</b><br><i>Add TFL Lemon Juice , cream and milk for a sweet, tangy creamy curd</i>   | 1 KG   | 10 | 5  |             |
| FL01604 1KG          | <b>Meringue Powder 1kg</b><br><i>Magic meringue- just add water!</i>  | 1 KG   | 10 | 5  |             |
| FL01606 1KG          | <b>Melktert 1kg</b><br><i>Instant nostalgia, just add hot water and milk for a perfect filling with cinnamon notes</i>  | 1 KG   | 10 | 5  |             |

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|---------|---|-----------|-----------|---------|-------|
| FL00237 | <b>Basil Rubbed</b>   | 200 G     | 1         | 1       |       |
| FL00238 | <b>Bay Leaves Whole</b>   | 200 G     | 1         | 1       |       |
| FL00245 | <b>Parsley Rubbed</b>   | 200 G     | 1         | 1       |       |
| FL00240 | <b>Mixed Herbs</b><br><i>(Parsley, Marjoram, Mint, Basil and Oregano)</i> | 200G      | 1         | 1       |       |
| FL00239 | <b>Italian Herbs</b><br><i>(Basil, Thyme, Oregano and Parsley)</i>        | 200G      | 1         | 1       |       |
| FL00241 | <b>Oregano Rubbed</b>   | 200 G     | 1         | 1       |       |
| FL00244 | <b>Thyme Rubbed</b>   | 200 G     | 1         | 1       |       |
| FL00243 | <b>Rosemary Cut</b>   | 200 G     | 1         | 1       |       |
| FL00246 | <b>Birds Eye Chili Ground</b>   | 700 G     | 1         | 1       |       |
| FL00247 | <b>Black Pepper Pure Ground</b>   | 700 G     | 1         | 1       |       |
| FL00249 | <b>Cayenne Pepper Ground</b>  | 700 G     | 1         | 1       |       |
| FL00251 | <b>Coarse Chili Flakes</b>  | 430 G     | 1         | 1       |       |
| FL00250 | <b>Cracked Black Pepper</b>   | 650 G     | 1         | 1       |       |
| FL00253 | <b>Cumin Ground</b>   | 600 G     | 1         | 1       |       |
| FL00254 | <b>Garam Masala</b><br><i>Your Earthy warmth for Indian dishes</i>        | 600 G     | 1         | 1       |       |
| FL00255 | <b>Whole Black Pepper</b>   | 700 G     | 1         | 1       |       |
| FL00257 | <b>Mild Curry Powder</b><br><i>A Yellow, Mellow Curry powder</i>          | 650 G     | 1         | 1       |       |
| FL00258 | <b>Paprika Ground</b>   | 700 G     | 1         | 1       |       |
| FL00260 | <b>Turmeric Ground</b>  | 600 G     | 1         | 1       |       |
| FL00261 | <b>White Pepper Pure Ground</b>   | 650 G     | 1         | 1       |       |

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|----------------------------|--|-----------|-----------|---------|-------|
| <b>FLBAST039 - NEW</b>     | <b>Basting Sauce</b><br><i>A Sticky Basting sauce with Cinnamon and Honey notes</i>  | 5 L       | 4         | 1       |       |
| <b>FLBBQS038 - NEW</b>     | <b>BBQ Sauce</b><br><i>This is a Sweet Peppery BBQ sauce with Worcester, Soy and tomato note. For those who do not enjoy smokey</i>    | 5 L       | 4         | 1       |       |
| <b>FL00444</b>             | <b>Honey Rib Basting</b><br><i>A Honey based Sticky Rib Basting</i>  | 5 L       | 4         | 1       |       |
| <b>FLCHAKS001</b>          | <b>Chakalaka Sauce</b><br><i>The Traditional South African Chakalaka made with Beans, Vegetables, Chili and some Mild Curry notes</i>  | 5 L       | 4         | 1       |       |
| <b>FLCHUT064 - NEW</b>     | <b>Fruit Chutney</b><br><i>A loose Chutney with Apricot, Peach and Cinnamon notes</i>  | 5 L       | 4         | 1       |       |
| <b>FLAHONEY055</b>         | <b>Honey Mustard Sauce</b><br><i>Made with real Honey and real Mustard. Creamy</i>   | 5 L       | 4         | 1       |       |
| <b>FLLEMJ043 - NEW</b>     | <b>Lemon Juice 8 Brix</b><br><i>Natural Lemon juice made with real Lemon, no flavourants</i>   | 5 L       | 4         | 1       |       |
| <b>FLMONG045 - NEW</b>     | <b>Monkey Gland Sauce</b><br><i>A Fruity addition to cooking and as a condiment</i>  | 5 L       | 4         | 1       |       |
| <b>FLTOMG001 TOM GRAVY</b> | <b>Tomato and Onion Gravy</b><br><i>A typical braai type sauce, just heat and serve</i>  | 5 L       | 4         | 1       |       |
| <b>FL00476 5LTR</b>        | <b>Hickory BBQ Basting Sauce</b><br><i>A Delicious thick lightly smokey sauce</i>  | 5 L       | 4         | 1       |       |
| <b>FL01694 5LTR</b>        | <b>Street Mustard</b><br><i>The stuff every Hot Dog needs</i>  | 5 L       | 4         | 1       |       |
| <b>FLNLB067 - NEW</b>      | <b>Natural Lemon and Mustard Sauce</b><br><i>A Healthy Marinade for Chicken with Rosemary, Mustard, Lemon and Cracked black Pepper</i> | 5 L       | 4         | 1       |       |
| <b>FLTIKK050 - NEW</b>     | <b>Tikka Sauce (Mild)</b><br><i>A Sweet and spicy sauce with fruity Indian flavours</i>  | 5 L       | 4         | 1       |       |
| <b>FLTOM051 - NEW</b>      | <b>Tomato Sauce Cater</b><br><i>A basic everyday Tomato sauce</i>  | 5 L       | 4         | 1       |       |
| <b>FL00832 5LTR</b>        | <b>Tomato Ketchup</b><br><i>A quality Tomato sauce American style</i>  | 5 L       | 4         | 1       |       |
| <b>FLWORCS001</b>          | <b>Worcester Sauce</b><br><i>Traditional Meaty sauce</i>   | 5 L       | 4         | 1       |       |
| <b>FLSOYS063 - NEW</b>     | <b>Soy Sauce</b><br><i>An everyday Soy sauce</i>   | 5 L       | 4         | 1       |       |
| <b>FLWV052 - NEW</b>       | <b>Vinegar White 5%</b><br><i>Your basic White Vinegar</i>   | 5 L       | 4         | 1       |       |
| <b>FLBVIN052 - NEW</b>     | <b>Vinegar Brown 5%</b><br><i>A malty Vinegar</i>  | 5 L       | 4         | 1       |       |
| <b>FLSSBBS003</b>          | <b>Sticky Smokey BBQ Sauce 5ltr</b><br><i>This honey based BBQ is rich and sticky</i>  | 5 L       | 4         | 1       |       |
| <b>FLSTS00029 - NEW</b>    | <b>Sticky Tandoori Sauce 5ltr</b><br><i>A Honey based mild Tandoori sauce, ideal for sticky wings or Kebabs and strips.</i>            | 5 L       | 4         | 1       |       |
| <b>FL00396</b>             | <b>Long Board BBQ</b><br><i>A delicious blend of fresh Jalapeno and BBQ sauce, great for dusted fried wings tossed in sauce</i>        | 5 L       | 4         | 1       |       |

| CODE               | PRODUCT   | UNIT SIZE | CASE SIZE | MIN QTY | YIELD |
|--------------------|---|-----------|-----------|---------|-------|
| FLHGS002           | <b>Honey Ginger Soy Sauce</b><br><i>Asian style sticky sauce with Honey, Ginger, Soy and Balsamic</i>   | 5 L       | 4         | 1       |       |
| FL00430            | <b>Teriyaki Sauce</b><br><i>This Japanese sauce creates a sweet and Salty tasty glaze or dipping sauce</i>  | 5 L       | 4         | 10      |       |
| FLSWSOU056 - NEW   | <b>Sweet and Sour Sauce</b><br><i>A Chinese style sweet and sour sauce with fresh pineapple and umami notes</i>   | 5 L       | 4         | 1       |       |
| FL01573 5LTR       | <b>Korean Seoul Sauce</b><br><i>A delicious pourable version of the famous Gochujang paste with a mild chili, spring onion and garlic sweetness. Ideal for wings and stir fry's</i> | 5 L       | 4         | 1       |       |
| FLSRI009 SRIRACHIA | <b>Sriracha Sauce</b><br><i>A Thai based Chili, Garlic sauce which is smooth and red</i>  | 5 L       | 4         | 1       |       |
| FLSWCH055 - NEW    | <b>Sweet Chili Sauce</b><br><i>The widely used combination of Sweet and Chili with a hint of Ginger</i>   | 5 L       | 4         | 1       |       |

## COOKING SAUCES

|                  |   |     |   |   |  |
|------------------|---|-----|---|---|--|
| FL00550 5LTR     | <b>Arrabiata Sauce</b><br><i>Italian Spicy tomato herb and garlic sauce</i>   | 5 L | 4 | 1 |  |
| FL00737 5LTR     | <b>Napolitana Sauce</b><br><i>Italian Spicy tomato herb and garlic sauce</i>  | 5 L | 4 | 1 |  |
| FL00948 5LTR     | <b>Sofrito 5LTR</b><br><i>A chefs ultimate cooking base of celery, onion, garlic and carrots, and tomato. Add to any braise or stew</i>               | 5 L | 4 | 1 |  |
| FLPIZZA - NEW    | <b>Pizza Sauce</b><br><i>A Thick Italian blend of Tomato, Garlic, Sugar, and Italian Herbs</i>  | 5 L | 4 | 1 |  |
| FL00527 5LTR     | <b>Durban Curry Cook In Sauce</b><br><i>A durban style sauce to cook chicken, lamb or beef in. Just ladle over food and simmer until meat is soft</i> | 5 L | 1 | 1 |  |
| FLGLAPR099 - NEW | <b>Apricot Pineapple Glaze</b><br><i>The perfect sauce for Glazing, made with real Pineapple and Apricot jam</i>                                      | 5 L | 4 | 1 |  |

## GRILLING &amp; CHILI SAUCES

|                    |  |     |   |   |  |
|--------------------|--|-----|---|---|--|
| FLLEHES042 - NEW   | <b>Mozambican Lemon and Herb Sauce</b><br><i>This is the Mozambican version which is orange in colour from the Paprika. Great for Seafood and Chicken</i>            | 5 L | 4 | 1 |  |
| FLGRILL048 - NEW   | <b>Mozambican Mild Peri-peri sauce</b><br><i>A Portuguese Peri Peri sauce with Chili, Lemon, Garlic and Herbs. Mild</i>  | 5 L | 4 | 1 |  |
| FLPORT048 - NEW    | <b>Mozambican Hot Peri-Peri sauce</b><br><i>A Portuguese Peri Peri sauce with Chili, Lemon, Garlic and Herbs. (Med to Hot)</i>                                       | 5 L | 4 | 1 |  |
| FLMXXB001 XTRA HOT | <b>Mozambican XX-Burn sauce</b><br><i>A hotter Peri Peri sauce with a Portuguese Character</i>   | 5 L | 4 | 1 |  |
| FL00292 5LTR       | <b>Aged Chili Sauce</b><br><i>A Hot Fresh Chili sauce made with a fermented Chili flavour. Creamy and Very hot</i>   | 5 L | 4 | 1 |  |
| FLPREGO049 - NEW   | <b>Prego Sauce</b><br><i>A Portuguese blend of Creamy Tomato, Chili, Bay, Paprika and a touch of Lemon</i>   | 5 L | 4 | 1 |  |
| FL00131 5LTR       | <b>American Style Buffalo Sauce</b><br><i>This is a Louisiana style fresh Chili sauce made from Chilis cooked in Vinegar. Orange in colour</i>                       | 5 L | 4 | 1 |  |
| FLTSS001           | <b>Mexican Jalapeno Salsa Sauce</b><br><i>A thick tasty Jalapeno and Tomato Salsa sauce, great for Mexican platters, Pizza, and Nachos</i>                           | 5 L | 4 | 1 |  |
| FL01577 5LTR       | <b>J Oscar Herby Lemon Sauce 5ltr</b><br><i>Herby and zesty with notes of lemon and garlic, perfected for a Flame grilled chicken range</i>                          | 5 L | 4 | 1 |  |
| FL01574 5LTR       | <b>J Oscar Lemon Piri 5ltr</b><br><i>Zesty with notes of lemon and garlic, a mild chili heat profile, perfected for a Flame grilled chicken range</i>                | 5 L | 4 | 1 |  |
| FL01576 5LTR       | <b>J Oscar Mozam Mamba Hot Piri Sauce 5ltr</b><br><i>Zesty with notes of lemon and garlic, a hot chili heat profile, perfected for a Flame grilled chicken range</i> | 5 L | 4 | 1 |  |
| FL01575 5LTR       | <b>J Oscar Mozam Mamba Xhot Piri 5ltr</b><br><i>Zesty with notes of lemon and garlic, very hot and spicy, perfected for a Flame grilled chicken range</i>            | 5 L | 4 | 1 |  |
| FL00396            | <b>Long Board BBQ</b><br><i>A delicious blend of fresh Jalapeno and BBQ sauce, great for dusted fried wings tossed in sauce</i>                                      | 5 L | 4 | 1 |  |

| CODE             | PRODUCT  | UNIT SIZE | CASE SIZE | MIN QTY | YIELD |
|------------------|--|-----------|-----------|---------|-------|
| FLGREEK060 - NEW | <b>Greek Style Dressing</b><br><i>A Creamy Style dressing with Oregano, Garlic and Lemon</i>           | 5 L       | 4         | 1       |       |
| FL00052          | <b>Italian creamy Dressing</b><br><i>A Creamy dressing with Italian Herbs, Onion, Garlic and Chili</i> | 5 L       | 4         | 1       |       |
| FL00314          | <b>Ranch Style Dressing</b><br><i>A Mayo based creamy dressing with herbs and cheesy notes</i>         | 5 L       | 4         | 1       |       |
| FLCHMAYO042 5LTR | <b>Lemon Mayo Dressing</b><br><i>A Lemon flavoured Mayonnaise for Toasted Chicken and other Sarmis</i> | 5 L       | 4         | 1       |       |
| FLISLAN059 - NEW | <b>1000 Island Dressing</b><br><i>Mayo, Spices, Srirachia, Tomato and Lemon Juice</i>                  | 5 L       | 4         | 1       |       |

## MAYO'S AND WHIPS

|                    |  |      |   |   |  |
|--------------------|--|------|---|---|--|
| FLISLAN059 - NEWfl | <b>1000 Island Dressing</b><br><i>Mayo, Spices, Srirachia, Tomato and Lemon Juice</i>  | 5 L  | 4 | 1 |  |
| FLPERI117 - NEW    | <b>Mozambican Spicy Whip.</b><br><i>A Spicy Peri Peri Mayo, ideal for Dips and Spicy Burgers</i>   | 5 L  | 4 | 1 |  |
| FL00308 5LTR       | <b>Creamy Mustard Mayo</b><br><i>A mild Mustard Mayo</i>   | 5 L  | 4 | 1 |  |
| FLSBBQM            | <b>Smokey BBQ Mayo</b><br><i>A Sweet and Smokey Mayo, great for Dips and Burgers</i>   | 5 L  | 4 | 1 |  |
| FL00093 5LTR       | <b>Mayo Lite 5L Bucket</b><br><i>A Slightly Sweeter reduced oil Mayo 42% oil</i>   | 5 L  | 4 | 1 |  |
| FL00093 20LTR      | <b>Mayo Lite 20L Bucket</b><br><i>A Slightly Sweeter reduced oil Mayo 42% oil</i>  | 20 L | 1 | 1 |  |
| FL00180            | <b>Creamy Whip 5L Bucket</b><br><i>A Creamy Burger/American style Mayo</i>   | 5 L  | 1 | 1 |  |
| FL00214            | <b>Creamy Whip 20L Bucket</b><br><i>A Creamy Burger/American style Mayo</i>  | 20 L | 1 | 1 |  |
| FL00133 5L         | <b>Tangy Mayo 5L Bucket</b><br><i>Your SA Style Tangy Ivorycoloured Mayo 42% oil</i>   | 5 L  | 1 | 1 |  |
| FL00413            | <b>Salad Cream (Low Oil Mayo) 20ltr</b><br><i>A low oil salad cream, ideal for making flavoured Mayo's or coleslaw and cheaper applications.</i> | 20 L | 1 | 1 |  |
| FL00895 5LTR       | <b>Jalapeno Whip 5ltr</b><br><i>Creamy condiment with a kick of freshness and heat from pickled jalapeno</i>                                     | 5 L  | 1 | 1 |  |
| FL01259 TFL 5LTR   | <b>Realmans French Style Mayo 5ltr</b><br><i>Thick and luxurious, 52% mayo with egg</i>  | 5 L  | 1 | 1 |  |
| FL01672 5LTR       | <b>Shawarma (Aioli) sauce 5ltr</b><br><i>Bold garlic flavour with a creamy texture</i>   | 5L   | 1 | 1 |  |
| FL01812 5LTR       | <b>Cheez Whip 5ltr</b><br><i>Strong cheese notes add a creamy &amp; flavourful finish to burgers, chips and nachos</i>                           | 5 L  | 1 | 1 |  |

## RETAIL SAUCES

|                     |   |        |    |    |  |
|---------------------|---|--------|----|----|--|
| FLSTBBQS            | <b>BBQ Sauce</b><br><i>A Sweet and Peppery BBQ sauce for everyday Burgers etc</i>   | 250 ML | 12 | 12 |  |
| MOZAM X-HOT 250ML   | <b>Mozambican X-Hot Sauce</b><br><i>A hotter Peri Peri sauce with a Portuguese Character</i>  | 250 ML | 12 | 12 |  |
| MOZAM MILD 250ML    | <b>Mozambican Mild Sauce</b><br><i>A Portuguese Peri Peri sauce with Chili, Lemon, Garlic and Herbs. Mild</i>                               | 250 ML | 12 | 12 |  |
| MOZAM HOT PERI PERI | <b>Mozambican Hot Sauce</b><br><i>A Portuguese Peri Peri sauce with Chili, Lemon, Garlic and Herbs. (Med to Hot)</i>                        | 250 ML | 12 | 12 |  |
| LEMON & HERB 250ML  | <b>Herby Lemon Sauce</b><br><i>This is the Mozambican version which is orange in colour from the Paprika. Great for Seafood and Chicken</i> | 250 ML | 12 | 12 |  |
| PORT PREGO 250ML    | <b>Portuguese Prego Sauce</b><br><i>A Portuguese blend of Creamy Tomato, Chili, Bay, Paprika and a touch of Lemon</i>                       | 250 ML | 12 | 12 |  |
| FL00292 250ML       | <b>Aged Chili Sauce</b><br><i>A hot fresh Chili sauce made with a fermented Chili flavour. Creamy and very hot.</i>                         | 250 ML | 12 | 12 |  |
| FL01390 410G        | <b>Sofrito 410g Jar</b><br><i>A chefs ultimate cooking base of celery, onion, garlic and carrots, and tomato. Add to any braise or stew</i> | 410 G  | 6  | 6  |  |

| CODE              | PRODUCT  | UNIT SIZE | CASE SIZE | MIN QTY | YIELD |
|-------------------|--|-----------|-----------|---------|-------|
| FLMUST058 500ML   | <b>Street Mustard 500ml</b><br><i>The Stuff any Hot Dog needs</i>  | 500 ML    | 6         | 6       |       |
| FL00308 500ML     | <b>Mild Mustard Whip 500ml</b><br><i>A creamy Mild Mustard Mayo</i>  | 500 ML    | 6         | 6       |       |
| FLPERI17 500ML    | <b>Mild Mozam Whip 500ml</b><br><i>A Spicy Peri Peri Mayo, ideal for Dips and Spicy Burgers</i>  | 500 ML    | 6         | 6       |       |
| FLTSS001 500ML    | <b>Mexican Spicy Salsa 500ml</b><br><i>A thick tasty Jalapeno and Tomato Salsa sauce, great for Mexican platters, Pizza and Nachos</i>   | 500 ML    | 6         | 6       |       |
| FL00895 500ML     | <b>Jalapeno Whip 500ml</b><br><i>A Tangy Mayo with pickled jalapenos for a creamy finish</i>   | 500 ML    | 6         | 6       |       |
| FL00093 500ML     | <b>Mayo Lite 500ml</b><br><i>A Slightly Sweeter reduced oil Mayo 42% oil</i>   | 500 ML    | 6         | 6       |       |
| FL01396 500ML     | <b>Madeira Prego 500ml</b><br><i>Ultimate Garlic, Bay, chili, tomato and white wine flavours</i>   | 500 ML    | 6         | 6       |       |
| FLPORT048 500ML   | <b>Portuguese Peri Peri 500ml</b><br><i>A Portuguese Peri Peri sauce with Chili, Lemon, Garlic and Herbs (7/10)</i>  | 500 ML    | 6         | 6       |       |
| FLHGS002 500ML    | <b>Cantonese Honey Ginger Soy 500ml</b><br><i>The ultimate sticky asian sauce for stir fry's and glazes</i>  | 500 ML    | 6         | 6       |       |
| FL00292 500ML     | <b>Roasted Chili 500ml</b><br><i>A chunky hot Peri peri sauce</i>  | 500 ML    | 6         | 6       |       |
| FLISLAN059 500ML  | <b>Island Whip 500ml</b><br><i>Mayo, Spices, Srirachia, Tomato and Lemon Juice</i>   | 500 ML    | 6         | 6       |       |
| FL00180 500ML     | <b>American Style Whip 500ml</b><br><i>A creamy burger/American style Mayo</i>   | 500 ML    | 6         | 6       |       |
| FL00832 500ML     | <b>Tomato Ketchup 500ml</b><br><i>A basic everyday Tomato sauce</i>  | 500 ML    | 6         | 6       |       |
| FLBBQS038 500ML   | <b>Southern BBQ 500ml</b><br><i>A sweet and peppery BBQ sauce for everyday Burgers etc</i>   | 500 ML    | 6         | 6       |       |
| FLWV052 500ml     | <b>Corner Shop Vinegar 500ml</b><br><i>Your basic White Vinegar for chips</i>  | 500 ML    | 6         | 6       |       |
| FLGREEK060 500ML  | <b>Greek Dressing 500ml</b><br><i>A Creamy Style dressing with Oregano, Garlic and Lemon</i>   | 500 ML    | 6         | 6       |       |
| FL00052 500ML     | <b>Milano Italian Dressing 500ml</b><br><i>A creamy dressing with Italian Herbs, Onion, Garlic and Chili</i>   | 500 ML    | 6         | 6       |       |
| FL00314 500ML     | <b>Ranch Dressing 500ml</b><br><i>A Mayo based creamy dressing with herbs and cheesy notes</i>   | 500 ML    | 6         | 6       |       |
| FL00476 500ML     | <b>Smoky Texan BBQ 500ml</b><br><i>A Delicious thick lightly smokey sauce</i>  | 500 ML    | 6         | 6       |       |
| FLCHMAYO042 500ML | <b>Lemon Mayo 500ml</b><br><i>A Lemon flavoured Mayonnaise for Toasted Chicken and other Sarmis</i>  | 500 ML    | 6         | 6       |       |
| FL01573 500ml     | <b>Korean Seoul Sauce 500ml</b><br><i>Sweet and spicy with notes of mild chili, spring onion and garlic</i>  | 500 ML    | 6         | 6       |       |
| FLSRI009 500ML    | <b>Sriracha Hot Chili Sauce 500ml</b><br><i>A Thai based Chili, Garlic sauce which is smooth and red</i>   | 500 ML    | 6         | 6       |       |
| FLSWCH056 500ML   | <b>Sweet Chilli 500ml Squeezy</b><br><i>The widely used combination of Sweet and Chili with a hint of Ginger</i>   | 500 ML    | 6         | 6       |       |
| FLSWSOU056 500ML  | <b>Sweet &amp; Sour 500ml Squeezy</b><br><i>A Chinese style sweet and sour sauce with fresh pineapple and umami notes</i>  | 500 ML    | 6         | 6       |       |
| FLGRILL048 500ML  | <b>Mozambican Mild Peri Peri 500ml Squeezy</b><br><i>A Portuguese Peri Peri sauce with Chili, Lemon, Garlic and Herbs. Mild</i>  | 500 ML    | 6         | 6       |       |
| FLLEHES042 500ML  | <b>Herby Lemon Sauce 500ml</b><br><i>This is the Mozambican version which is orange in colour from the Paprika. Great for Seafood and Chicken</i>  | 500 ML    | 6         | 6       |       |
| FLMXXB001 500ML   | <b>Mozambican Xxburn 500ml Squeezy Bottle</b><br><i>A hotter Peri Peri sauce with a Portuguese Character</i>   | 500 ML    | 6         | 6       |       |
| FL01812 500ML     | <b>Cheez Whip 500ml Squeezy</b><br><i>Strong cheese notes add a creamy &amp; flavourful finish to burgers, chips and nachos</i>  | 500 ML    | 6         | 6       |       |
| FL01846 500ML     | <b>Spicy Honey Ranch 500ml Squeezy</b><br><i>A Smooth, tangy dip that packs heat, sweet and everything in between. This whip is elevated with a swirl of sweet honey and a kick of hot sauce</i> | 500 ML    | 6         | 6       |       |

| CODE              | PRODUCT  | UNIT SIZE | CASE SIZE | MIN QTY | YIELD |
|-------------------|--|-----------|-----------|---------|-------|
| FLMUST058 500ML   | <b>Street Mustard 500ml</b><br><i>The Stuff any Hot Dog needs</i>  | 500 ML    | 6         | 6       |       |
| FL00308 500ML     | <b>Mild Mustard Whip 500ml</b><br><i>A creamy Mild Mustard Mayo</i>  | 500 ML    | 6         | 6       |       |
| FLPERI17 500ML    | <b>Mild Mozam Whip 500ml</b><br><i>A Spicy Peri Peri Mayo, ideal for Dips and Spicy Burgers</i>  | 500 ML    | 6         | 6       |       |
| FLTSS001 500ML    | <b>Mexican Spicy Salsa 500ml</b><br><i>A thick tasty Jalapeno and Tomato Salsa sauce, great for Mexican platters, Pizza and Nachos</i> | 500 ML    | 6         | 6       |       |
| FL00895 500ML     | <b>Jalapeno Whip 500ml</b><br><i>A Tangy Mayo with pickled jalapenos for a creamy finish</i>   | 500 ML    | 6         | 6       |       |
| FL00093 500ML     | <b>Mayo Lite 500ml</b><br><i>A Slightly Sweeter reduced oil Mayo 42% oil</i>   | 500 ML    | 6         | 6       |       |
| FL01396 500ML     | <b>Madeira Prego 500ml</b><br><i>Ultimate Garlic, Bay, chili, tomato and white wine flavours</i>                                       | 500 ML    | 6         | 6       |       |
| FLPORT048 500ML   | <b>Portuguese Peri Peri 500ml</b><br><i>A Portuguese Peri Peri sauce with Chili, Lemon, Garlic and Herbs (7/10)</i>                    | 500 ML    | 6         | 6       |       |
| FLHGS002 500ML    | <b>Cantonese Honey Ginger Soy 500ml</b><br><i>The ultimate sticky asian sauce for stir fry's and glazes</i>                            | 500 ML    | 6         | 6       |       |
| FL00292 500ML     | <b>Roasted Chili 500ml</b><br><i>A chunky hot Peri peri sauce</i>  | 500 ML    | 6         | 6       |       |
| FLISLAN059 500ML  | <b>Island Whip 500ml</b><br><i>Mayo, Spices, Srirachia, Tomato and Lemon Juice</i>   | 500 ML    | 6         | 6       |       |
| FL00180 500ML     | <b>American Style Whip 500ml</b><br><i>A creamy burger/American style Mayo</i>   | 500 ML    | 6         | 6       |       |
| FL00832 500ML     | <b>Tomato Ketchup 500ml</b><br><i>A basic everyday Tomato sauce</i>  | 500 ML    | 6         | 6       |       |
| FLBBQS038 500ML   | <b>Southern BBQ 500ml</b><br><i>A sweet and peppery BBQ sauce for everyday Burgers etc</i>   | 500 ML    | 6         | 6       |       |
| FLWV052 500ml     | <b>Corner Shop Vinegar 500ml</b><br><i>Your basic White Vinegar for chips</i>  | 500 ML    | 6         | 6       |       |
| FLGREEK060 500ML  | <b>Greek Dressing 500ml</b><br><i>A Creamy Style dressing with Oregano, Garlic and Lemon</i>   | 500 ML    | 6         | 6       |       |
| FL00052 500ML     | <b>Milano Italian Dressing 500ml</b><br><i>A creamy dressing with Italian Herbs, Onion, Garlic and Chili</i>                           | 500 ML    | 6         | 6       |       |
| FL00314 500ML     | <b>Ranch Dressing 500ml</b><br><i>A Mayo based creamy dressing with herbs and cheesy notes</i>   | 500 ML    | 6         | 6       |       |
| FL00476 500ML     | <b>Smoky Texan BBQ 500ml</b><br><i>A Delicious thick lightly smokey sauce</i>  | 500 ML    | 6         | 6       |       |
| FLCHMAYO042 500ML | <b>Lemon Mayo 500ml</b><br><i>A Lemon flavoured Mayonnaise for Toasted Chicken and other Sarmis</i>                                    | 500 ML    | 6         | 6       |       |
| FL01573 500ml     | <b>Korean Seoul Sauce 500ml</b><br><i>Sweet and spicy with notes of mild chili, spring onion and garlic</i>                            | 500 ML    | 6         | 6       |       |
| FLSRI009 500ML    | <b>Sriracha Hot Chili Sauce 500ml</b><br><i>A Thai based Chili, Garlic sauce which is smooth and red</i>                               | 500 ML    | 6         | 6       |       |

| CODE            | PRODUCT  | UNIT SIZE | CASE SIZE | MIN QTY | YIELD |
|-----------------|--|-----------|-----------|---------|-------|
| FLGREEK060 1LTR | <b>Greek Dressing 1L</b><br><i>A Creamy Style dressing with Oregano, Garlic and Lemon</i>  | 1 L       | 6         | 6       |       |
| FLISLAN059 1LTR | <b>1000 Island Dressing 1L</b><br><i>Mayo, Spices, Srirachia, Tomato and Lemon Juice</i>   | 1 L       | 6         | 6       |       |
| FL00093 1LTR    | <b>Mayo Lite 1L</b><br><i>A Slightly Sweeter reduced oil Mayo 42% oil</i>  | 1 L       | 6         | 6       |       |
| FL00308 1LTR    | <b>Mustard Mayo 1L</b><br><i>A creamy mild Mustard Mayo</i>  | 1 L       | 6         | 6       |       |
| FLPERI117 1LTR  | <b>Mozambican Spicy Whip 1L</b><br><i>A Spicy Peri Peri Mayo, ideal for Dips and Spicy Burgers</i>   | 1 L       | 6         | 6       |       |
| FLTOM051 1LTR   | <b>Cater Tomato Sauce 1L</b><br><i>A basic everyday Tomato sauce</i>   | 1 L       | 6         | 6       |       |
| FLBBQS038 1LTR  | <b>BBQ Sauce 1L</b><br><i>A Sweet and Peppery BBQ sauce for everyday Burgers etc</i>   | 1 L       | 6         | 6       |       |
| FLPORT048 1LTR  | <b>Portuguese Peri Peri 1L</b><br><i>A Portuguese Peri Peri sauce with Chili, Lemon, Garlic and Herbs (7/10)</i>   | 1 L       | 6         | 6       |       |
| FLWV052 1LTR    | <b>White Vinegar 1L</b><br><i>Your basic White Vinegar for chips</i>   | 1 L       | 6         | 6       |       |
| FLMUST058 1LTR  | <b>Mild Mustard Sauce 1L</b><br><i>A Portuguese Peri Peri sauce with Chili, Lemon, Garlic and Herbs (7/10)</i>   | 1 L       | 6         | 6       |       |
| FLHGS002 1LTR   | <b>Honey Ginger Soy Sauce 1L</b><br><i>The ultimate sticky asian sauce for stir fry's and glazes</i>   | 1 L       | 6         | 6       |       |
| FL00292 1LTR    | <b>Roasted chili</b><br><i>A chunky hot Peri peri sauce 1L</i>   | 1 L       | 6         | 6       |       |
| FL01396 1LTR    | <b>Madeira Prego Sauce 1L</b><br><i>Ultimate Garlic, Bay, chili, tomato and white wine flavours</i>  | 1 L       | 6         | 6       |       |
| FL00895 1LTR    | <b>Jalapeno Whip 1l</b><br><i>A Tangy Mayo with pickled jalapenos for a creamy finish</i>  | 1 L       | 6         | 6       |       |
| FL01812 1LTR    | <b>Cheez Whip 1ltr Squeezy</b><br><i>Strong cheese notes add a creamy &amp; flavourful finish to burgers, chips and nachos</i>   | 1 L       | 6         | 6       |       |
| FLTSS001 1LTR   | <b>Mexican Jalapeno Salsa 1ltr Squeezy Bottle</b><br><i>A chunky tasty Jalapeno and Tomato Salsa sauce</i>   | 1 L       | 6         | 6       |       |
| FL01672 1LTR    | <b>Shawarma (Aioli) Sauce 1ltr</b><br><i>Bold garlic flavour with a creamy texture</i>   | 1 L       | 6         | 6       |       |
| FL01846 1LTR    | <b>Spicy Honey Ranch 1ltr</b><br><i>A Smooth, tangy dip that packs heat, sweet and everything in between. This whip is elevated with a swirl of sweet honey and a kick of hot sauce.</i> | 1L        | 6         | 6       |       |

| CODE                 | PRODUCT  | UNIT SIZE | CASE SIZE | MIN QTY | YIELD                    |
|----------------------|--|-----------|-----------|---------|--------------------------|
| <b>CRAFT BURGERS</b> |  |           |           |         |                          |
| <b>FLBBPS001</b>     | <b>Flavour Craft Burger</b><br><i>A Natural Meaty flavour for your everyday Burger. Worcester flavours balance well with Salt and Black Pepper</i> | 1000 G    | 10        | 1       | Approx 2% of Meat Weight |
| <b>FL00050</b>       | <b>Karoo Craft Burger</b><br><i>Karoo flavours of Coriander, Cinnamon and Clove reminds us of Boerewors</i>  | 1000 G    | 10        | 1       | Approx 2% of Meat Weight |

|                          |  |        |   |   |  |
|--------------------------|--|--------|---|---|--|
| <b>BILTONG SOLUTIONS</b> |  |        |   |   |  |
| <b>FLBPSB308 BILTONG</b> | <b>308 Marlin Traditional Biltong</b><br><i>This is a Traditional SA flavour with visible Coriander, Cracked Black Pepper and a Beefy base</i>   | 1000 G | 1 | 1 |  |
| <b>FL00438</b>           | <b>223 Wellington Smokey BBQ Biltong</b><br><i>A Unique smokey flavour with a BBQ base is a delicious alternative to flavour available</i>   | 1000 G | 1 | 1 |  |
| <b>FLBPR223 PREGO</b>    | <b>223 Ruger Prego Biltong Spice</b><br><i>This flavour is based on a Portuguese Prego flavour and is Mildly Hot with Chili Flakes for texture</i>                                       | 1000 G | 1 | 1 |  |
| <b>FLBM002</b>           | <b>Biltong Pre-Dip Enhancer</b><br><i>This is a replacement for the usual Worcestershire sauce and Brown Vinegar. Our product has a delicious flavour enhancer for a lingering after</i> | 5 L    | 4 | 1 |  |

|                           |   |     |   |   |  |
|---------------------------|---|-----|---|---|--|
| <b>BUTCHERY MARINADES</b> |   |     |   |   |  |
| <b>FL01682 5LTR</b>       | <b>Sticky BBQ Marinade 5L</b><br><i>Perfect balance of smoky, sweet, and tangy, this marinade infuses your meats with a rich, caramelized finish that's packed with bold barbecue flavour</i> | 5 L | 4 | 1 |  |
| <b>FL01683 5LTR</b>       | <b>Garlic &amp; Herb Marinade 5L</b><br><i>Creamy, savory blend that combines the earthiness of herbs with the rich, aromatic kick of garlic</i>  | 5 L | 4 | 1 |  |
| <b>FL01684 5LTR</b>       | <b>Lemon &amp; Mustard 5L</b><br><i>Sharp mustard and refreshing lemon create a tangy, vibrant marinade</i>   | 5 L | 4 | 1 |  |
| <b>FL01685 5LTR</b>       | <b>Prego Marinade 5L</b><br><i>Savoury with lemon, mild spice and a hint of bay</i>   | 5 L | 4 | 1 |  |
| <b>FL01686 5LTR</b>       | <b>Mild Mozam Marinade 5L</b><br><i>A Creamy lemon Peri peri</i>  | 5 L | 4 | 1 |  |
| <b>FL01687 5LTR</b>       | <b>Hot Peri-Peri Marinade 5L</b><br><i>A Creamy 7/10 Peri peri</i>  | 5 L | 4 | 1 |  |

|                      |   |        |    |    |                          |
|----------------------|---|--------|----|----|--------------------------|
| <b>BOEREWORS</b>     |   |        |    |    |                          |
| <b>FLBSBB1001</b>    | <b>Sticky BBQ Boerewors</b><br><i>This has a Boerewors base with BBQ flavours and is made using a Sticky sauce to create a Juicy experience</i>         | 1000 G | 10 | 10 | Approx 2% of Meat Weight |
| <b>FLBS6842 500G</b> | <b>Koi San Boerewors</b><br><i>With flavours from the Karoo of Coriander, Cinnamon, Clove this is a favourite version of Wors. Labels are available</i> | 1000 G | 10 | 10 | Approx 2% of Meat Weight |

| CODE                            | PRODUCT  | UNIT SIZE | CASE SIZE | MIN QTY | YIELD |
|---------------------------------|--|-----------|-----------|---------|-------|
| <b>BOEREWORS &amp; SAUSAGES</b> |  |           |           |         |       |
| <b>STICKY BOEREWORS</b>         | <b>Sticky BBQ Boerewors Labels</b><br><i>Retail Labels with ingredient declaration</i>                 | 1 Unit    | 250       | 250     |       |
| <b>FL00405</b>                  | <b>Koi San Boerewors Labels</b><br><i>Retail Labels with ingredient declaration</i>                    | 1 Unit    | 250       | 250     |       |
| <b>FLATTIE MARINADE</b>         |  |           |           |         |       |
| <b>FL00404</b>                  | <b>Sticky BBQ</b><br><i>Retail Labels with ingredient declaration</i>                                  | 1 Unit    | 250       | 250     |       |
| <b>MOZAM L&amp;H LABEL</b>      | <b>Mozambican Herby Lemon</b><br><i>Retail Labels with ingredient declaration</i>                      | 1 Unit    | 250       | 250     |       |
| <b>MOZ MILD PP LABEL</b>        | <b>Mozambican Mild Piri Piri</b><br><i>Retail Labels with ingredient declaration</i>                   | 1 Unit    | 250       | 250     |       |
| <b>MOZ HOT PP LABEL</b>         | <b>Mozambican Hot Piri Piri</b><br><i>Retail Labels with ingredient declaration</i>                    | 1 Unit    | 250       | 250     |       |
| <b>NATURAL LEMON LABEL</b>      | <b>Lemon and Mustard</b><br><i>Retail Labels with ingredient declaration</i>                           | 1 Unit    | 250       | 250     |       |
| <b>PREGO SAUCE LABEL</b>        | <b>Prego</b><br><i>Retail Labels with ingredient declaration</i>                                       | 1 Unit    | 250       | 250     |       |
| <b>BUTCHERY LABELS</b>          |  |           |           |         |       |
| <b>4607</b>                     | <b>Sticky BBQ Marinade Labels</b><br><i>Retail Labels with ingredient declaration</i>                  | 1 Unit    | 250       | 250     |       |
| <b>4606</b>                     | <b>Garlic &amp; Herb Homestyle Butchery Labels</b><br><i>Retail Labels with ingredient declaration</i> | 1 Unit    | 250       | 250     |       |
| <b>4603</b>                     | <b>Lemon Mustard Homestyle Butchery Labels</b><br><i>Retail Labels with ingredient declaration</i>     | 1 Unit    | 250       | 250     |       |
| <b>4399</b>                     | <b>Prego Homestyle Butchery Labels</b><br><i>Retail Labels with ingredient declaration</i>             | 1 Unit    | 250       | 250     |       |
| <b>4604</b>                     | <b>Mild Mozam Homestyle Butchery Labels</b><br><i>Retail Labels with ingredient declaration</i>        | 1 Unit    | 250       | 250     |       |
| <b>4605</b>                     | <b>Hot Mozam Homestyle Butchery Labels</b><br><i>Retail Labels with ingredient declaration</i>         | 1 Unit    | 250       | 250     |       |